

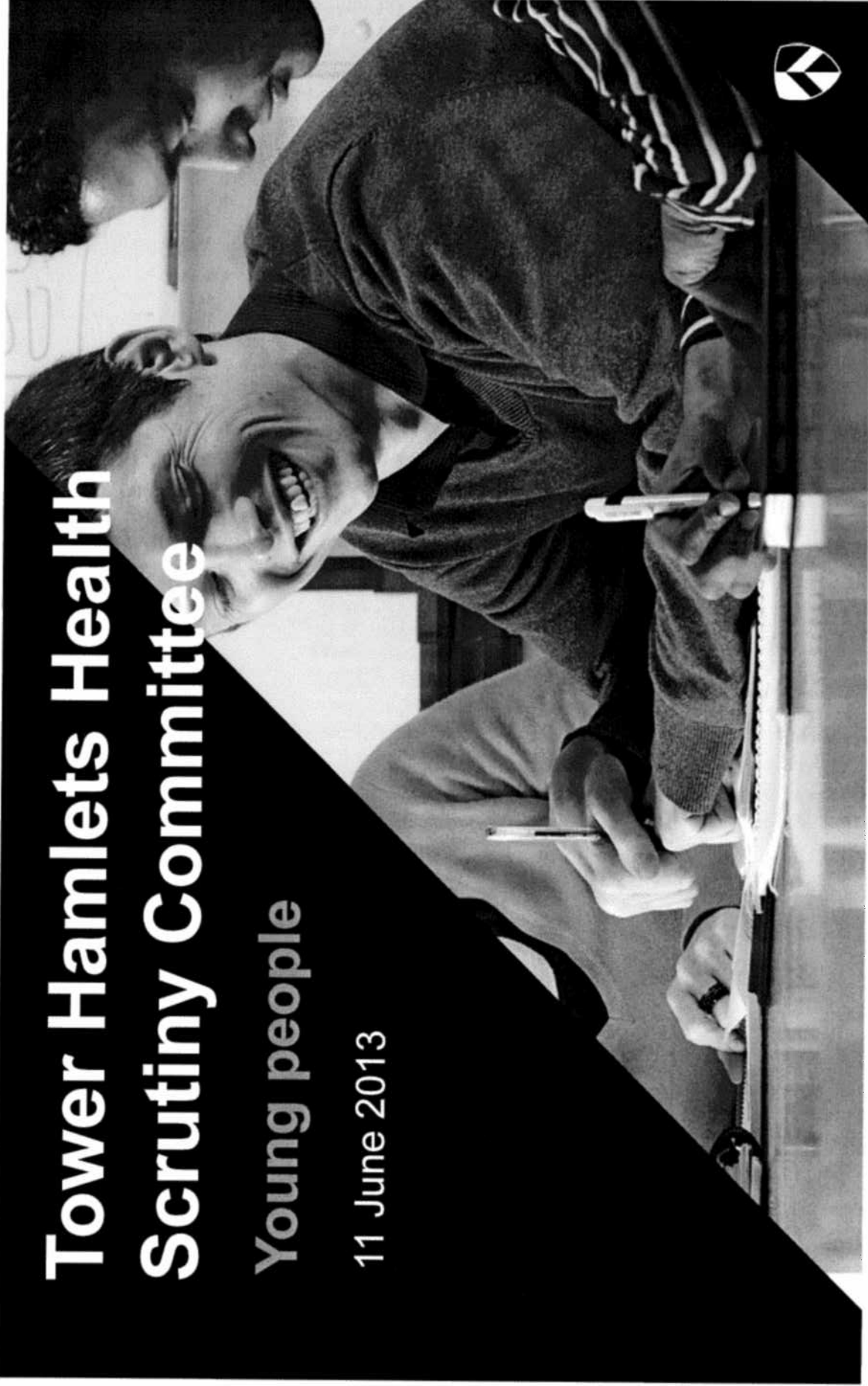


Barts Health
NHS Trust

Tower Hamlets Health Scrutiny Committee

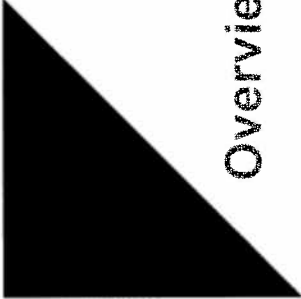
Young people

11 June 2013





Dr Ian Basnett
Public Health Director




Overview

- Committed to achieving our public health vision for improving the lives of the local population.
- Public health strategy launched in September 2012. Public Health Director joined in early 2013.
- Three themes: Health services; staff health; determinants of health
- Priorities include diabetes and obesity prevention, sexual health, weight management, maternity / pregnancy and employment (community works for health team).
- The Trust is also working with local schools in particular with regards to education in diet and exercise.



Jane Hawdon

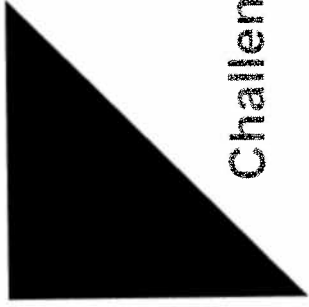
**Group Director, Women's and
Children's Health CAG and
Consultant Paediatrician**



Services for children and teenagers/young people

- The transition from paediatric to adult services is a key element of specialist services such as gastroenterology and cystic fibrosis.
- Our aspiration is to provide a dedicated adolescent service across Barts Health.
- Current activity includes:
 - A regional service for diabetes operating to best practice standards.
 - A clear safeguarding focus on vulnerable young people in whichever service they access.
 - Provision for looked-after children, including a dedicated consultant.
 - Multidisciplinary management of individuals involved in gang related violence and abuse, both in community and acute services.
 - Comprehensive range of obesity services, ranging from the Active8 programme to our metabolic clinic, integrated across all providers (supported by a Darzi fellow).
 - Family nurse partnership.
 - Youth workers in emergency departments.





Challenges and opportunities


How are young people using services and how do we react to their needs?

- Providing the right help at the right time.
- Education support and working with schools.
- Joint working with children's social care and directors of public health.
- Promote joint working with partners.
- Provide dedicated sexual health and contraception services.
- Explore use of technology to reach and engage with young people.



Janet Lewis

**Director of Operations, Community
Health Services**



Weight management services

- Based at Mile End Hospital and delivered across community venues.
- 0 – 18 year-olds above a healthy weight.
- Team includes dieticians, psychologists, physiotherapists, nutritionists exercise specialists, therapy assistants and link workers.
- Single point of referral, including self referral.
- Includes tier two (targeted community programmes) and tier three (intensive 1:1 with a range of clinician involvement) of the local obesity pathway.
- On-going support for a year including follow up appointments, events and trips.
- Partnership with the Osmani Trust in delivering a new and innovative teenage healthy lifestyle programme (previous funding partnerships with Morgan Stanley and BUPA).
- In 2012/13, approximately 700 referrals were received, 300 children started a programme and a third of these achieved a BMI reduction.

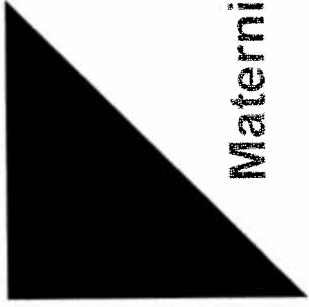
School health services

- Part of the community nursing team, based in health centres, GP surgeries and Mile End Hospital.
- Provides health promotion, sexual health advice, substance misuse advice, safeguarding advice.
- Referral route includes self-referral, health visitors, GPs educational staff, social services.



Denise McEneaney

**Consultant Midwife, Supervisor of
Midwives and Named Midwife for
Safeguarding Children**



Maternity services gateway team

Specialist team of midwives for vulnerable women

Improving life chances for young women and families:

- Outreach and responsive service
- Continuity of clinical midwifery care
- Lead professional role – overview and co-ordination of care pathway
- Joint consultations
- Antenatal groups – designed for young parents
- Physical and mental health lifestyle changes
- Safeguarding – young parents and unborn/newborn children
- Promoting self worth in relationships




Sexual health services

Dr Siat Larner, Consultant HIV/GUM

HBV (Hepatitis B)

**Professor Graham Foster,
Consultant Hepatologist**



Sexual health services

Tower Hamlets has the 6th highest Sexually Transmitted Infection (STI) rates in England, high teenage pregnancy (TP) rates, young population

Prevention and interventions:

- Three sexual health hubs for Barts Health: Ambrose King, Sylvia Pankhurst, Barkantine:
 - Open access, walk-in, integrated sexual health / contraception services. Five days a week and two Saturday clinics
 - Termination of pregnancy at Sylvia Pankhurst
- Screening and treatment at peripheral clinics and pharmacies
- Community long-acting reversible contraception (LARC) strategy
- OPTIONS - dedicated service for under 25s
 - Provision of all sexual and reproductive education for 11-18 in Tower Hamlets
 - TP advisor, stakeholder engagement, chlamydia screening programme
 - Partnership working: Healthy Lives Advisers – Step Forward
- Outreach/pop-up events with community partners

Improving life chances:

- Reduction of sexual ill health/long term sequelae of STIs
- Education re: self confidence, negotiating skills & safer sex
- Reduction of under 18 TP rate – already halved since 1998
- Increase in LARC availability – 3-fold (17%-50%) between 2009-12



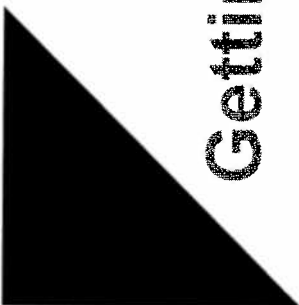


HBV (Hepatitis B) clinic for young adults

Royal London Hospital

- HBV is the world's leading cause of cancer.
- Common in East End youngsters (~1% of population).
- Transmitted sexually and from mother to child during birth.
- Youngsters need special attention.
- Dedicated clinic established at the Royal London Hospital in 2010.
- Clinic currently cares for 240 patients aged between 16 and 30, and 30 patients aged under 16.
- Popular with patients – excellent feedback.
- Innovative research output (Gastroenterology 2012).





Getting in touch

Presenters:

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- **Jane Hawdon**, Group Director, Women's and Children's Health CAG: jane.hawdon@bartshealth.nhs.uk
- **Denise McEaney**, Consultant Midwife, Supervisor of Midwives and Named Midwife for Safeguarding Children: Denise.McEaney@bartshealth.nhs.uk
- **Janet Lewis**, Director of Operations, CHS: janet.lewis@bartshealth.nhs.uk
- **Dr Liat Sarnar**, Consultant HIV/GUM: liat.sarnar@bartshealth.nhs.uk
- **Professor Graham Foster**, Consultant Hepatologist and Professor of Hepatology (QMUL): graham.foster@bartshealth.nhs.uk

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- **Jo Carter**, Stakeholder Relations and Engagement Manager: jo.carter2@bartshealth.nhs.uk / 020 7092 5424

